Type 2 Diabetes & Me

Ken Tait BA (Hons) MNRHP MNSTT
Psychotherapist-Hypnotherapist
Diabetes Advocate
Living with Type 2 Diabetes

I got Married to my Diabetes in March 1999
Describe your diabetes in 3 Words

By Mysugr

- Isolated
- Struggling
- Fearful
Isolated
Struggling
Fearful
What would I like to see in the future?

- Obviously a cure
- Peer support groups
- Removing the stigma by
  - Media
  - HCP’s
  - And other People with diabetes
- Not having a two tier system of care where some PwD’s get tech and others don’t
Life is for living
Prof Johnny McKnight

- Help us to manage our diabetes and not the diabetes managing us.
- Working together HCP’s and PwD