



## approach

# Patient involvement in the IMI APPROACH project

Invaluable insights and key ingredients







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### Patient engagement in APPROACH

 2 consortium partners (Arthritis Research UK & Dutch Arthritis Foundation)

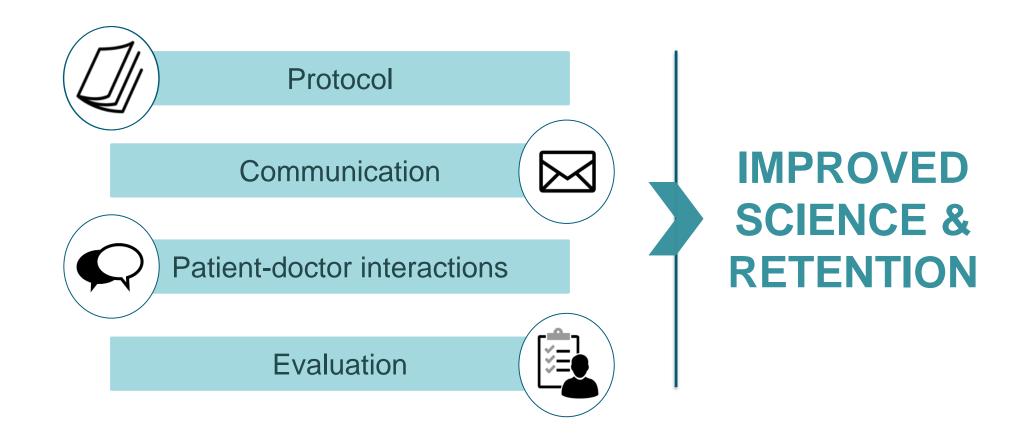
 Very active Patient Council, supported by Lygature

> Jane Taylor (UK), Maureen Grossmann (UK), Sjouke Dekker (NL), Jon Skandsen (NO), Kaoutar Douieb (SP), Diny Jurg (NL)





### Why? Because research benefits







## Key ingredients for successful patient involvement

#### **Before kick-off:**

- Involve patients in shaping & reviewing of the bid
- Allocate appropriate funding

#### After kick-off:

- Aim for diversity
- Provide an organizational structure
- Define expectations
- Maintain ongoing interactions & ensure informal contact
- Think about accessibility: physical, economic, linguistic, psychological



## The bigger picture



Changing conversations



Patient empowerment



Normalizing patient-researcher relationships



Ethical imperative

