

Event: IMI impact on diabetes, 8 June 2021

SPEAKER BIO



Ken Tait **International diabetes advocate**

Ken has been a person living with diabetes since March 1999. He was diagnosed as type 2 and has been on insulin therapy from the very beginning.

Ken who is originally from Edinburgh, Scotland moved south in 2013 to the London Borough of Bromley. In 2015 he started a peer support group for people with type 2 diabetes as he felt that there was not enough support for people with type 2 diabetes. This group now includes people who live with all types of diabetes.

In 2019 Ken was asked to give a talk in Denmark on how stress can affect people with diabetes which has led him give many interviews, through film, podcasts and talks to a worldwide audience and an occasional Blog. Also, in 2019 he joined the Patient Advisory Committee for the IMI project Hypo-Resolve where he is involved in a Scientific Group for QoL and other Work Packages.

Ken is also now involved in another IMI project through IDF Europe as a PEP for the trials@home project. Locally Ken is involved with the Bromley Clinical Commissioning Group – Diabetes as the patient representative, he is a Patient Champion for the London Clinical Network (Diabetes – NHS), and is on the board as a patient representative of the newly formed Obesity and Diabetes South East London. In 2019 Ken became the chair for Diabetes UK – Bromley.

At the Royal College of Physicians Ken is part of the Patient Involvement Unit and soon to be the Patient and Carer Network representative for Diabetes for the Joint Committee for Endocrinology and Diabetes. As a practicing psychotherapist and hypnotherapist Ken has an interest in the emotional problems that people with diabetes can have and helps them to overcome these problems and issues.